

Booths I'm Just Popping Round Hat Box

Rosebud Strawberry Jam



Rosebud Seville Orange Marmalade



Pennine Honey English Clear



Bells Fruit Cake

Rich Fruit Cake
 Made with a blend of delicious fruits and seasoned with spices

INGREDIENTS: Currants (20%), Sultanas (20%), **Wheat** flour (**Wheat** Flour, **Wheat** Protein, Calcium Carbonate, Iron, Niacin, Thiamin), **Egg**, Glace Cherries (7%) (Cherries, Glucose-Fructose Syrup, Acidity Regulator: Citric Acid; Fruit and Vegetable Juice (Blackcurrant, Carrot, Radish), Preservatives: **Sulphur Dioxide**), Mixed Peel (6%) (Glucose Syrup, Orange Peel, Lemon Peel, Fructose Syrup, Acidity Regulator: E300, Preservatives: **Sulphur Dioxide**, E202); Sugar, Brown Sugar, Palm Oil, Rapeseed Oil, Glucose Syrup, Apricot Kernels, Dried **Egg** White, Mixed Spice, Nutmeg, Acidity Regulator: E260; Emulsifier: E471; Preservative: E202. **Total fruit content 55%.**

ALLERGY ADVICE: For allergens, including cereals containing gluten, see ingredients in **bold**. Made in an environment where nuts, milk, soya, sesame and mustard are used.

WARNING: This product may contain cherry stones and apricot shell.

SUITABLE FOR VEGETARIANS

NUTRITION:

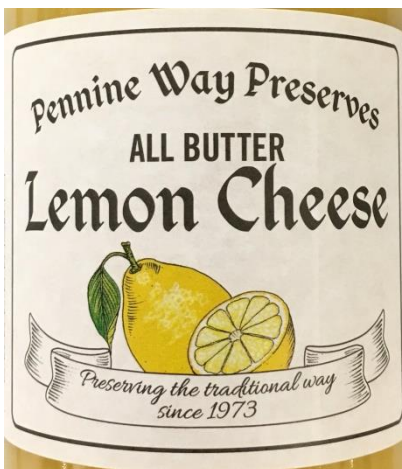
Typical values	per 100g	per 1/6 cake
Energy	1427 kJ 339 Kcal	1027 kJ 244 Kcal
Fat	10.1 g	7.2 g
of which saturates	4.9 g	3.5 g
monounsaturates	3.5 g	2.5 g
polyunsaturates	1.2 g	0.9 g
Carbohydrate	57.4 g	41.3 g
of which sugars	39.3 g	28.3 g
of which starch	18.1 g	13.0 g
Fibre	3.5 g	2.5 g
Protein	4.0 g	2.9 g
Salt	0.19 g	0.14 g

STORE IN A COOL DRY PLACE
BEST BEFORE: see date on film

Bells of Lazonby Limited
 Edenholme Bakery, Lazonby, Penrith,
 Cumbria CA10 1BG
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Pennine Way Lemon Cheese



Ingredients
 Sugar, Whole Pasteurised Eggs, Salted Butter (Milk) 17% & Lemon 12%

Allergens in Bold
 Keep in cool place after opening & use within 3 weeks

NUTRITIONAL INFORMATION		
Typical Values	Per 100g	Per 15g serving
Energy	1612kJ/384kcal	242kJ/58kcal
Fat	16.6g	2.5g
of which saturates	10.7g	1.6g
Carbohydrate	56g	8.4g
of which sugars	53g	7.8g
Protein	2.7g	0.4g
Salt	0.43g	0.06g

340g e
 Approx 23 servings per jar

Since 1973 we have been making our preserves the traditional way - in small batches using open pans. Our delicious Lemon Cheese (curd) is made with natural ingredients, including local Lancashire butter and Sicilian Lemons! Tasty on toast, brilliant in baking and perfect in puddings. Give it a stir after opening as natural separation can occur.

PennineWayPreserves.co.uk

📍 PennineWayPreserves 🐦 PennineWayFoods

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Booths Italian Coffee

BOOTHS

ITALIAN
ROAST & GROUND COFFEE

Full bodied rounded off with
a subtle sweetness

STRENGTH
4

Booths Builders Teabags

BOOTHS

**BUILDERS'
TEA**

100 TEA BAGS

A well rounded tea perfect for drinking all day

BOOTHS
**BUILDERS'
TEA**

100 TEA BAGS

Ingredients
100% Black Tea.

Country of origin
Kenya, Zimbabwe, Malawi, Vietnam.

Storage
Tea should be kept in a cool, dark,
dry container that is airtight.
Suitable for Vegetarians and Vegans.

This product should reach you
in perfect condition. If it does not,
please return to Customer Services
at your nearest Booths store.

For Best Before End, see top of pack.

280g e



100% Certified Tea.

BOOTHS
**BUILDERS'
TEA**

100 TEA BAGS

For the perfect brew

Place one tea bag in a cup
or mug. Pour on freshly
boiled water. Brewing time
is a matter of taste but we
recommend leaving the tea
to infuse for 3-5 minutes.
Add milk or sugar to taste.

Specially selected and packed for
E H Booth & Co. Ltd
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www.booths.co.uk